

TOTAL CARE APPROACH

In 1963, Dr. Ernesto Contreras, Sr. founded the Oasis of Hope's first treatment center with the conviction that healing requires therapies that strengthen the whole person—body, mind and spirit. Oasis of Hope California is the second location and it continues to embrace and promote Dr. Contreras' established fundamental principles:

- I. First, do no harm (Hippocrates). No therapy is prescribed that will hurt the patient's quality of life.
- II. Love your patient as yourself (Jesus Christ). The doctor's at Oasis of Hope refuse to prescribe any treatment that they would not take themselves if faced with the same prognosis.



LOVE YOUR PATIENT AS YOURSELF

CONTACT INFORMATION



BODY | MIND | SPIRIT

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YOUR HEALING PARTNER FOR LIFE



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Oasis of Hope California provides comprehensive and evidence based integrative cancer treatment. Our caregivers will support you through the challenging tasks associated with diagnosis and treatment planning.

You will receive the support of seasoned physicians, researchers, counselors, nutritionists, educators and prayer partners and educators. This multi-disciplinary team will evaluate your specific needs and personalize a wrap around Oasis of Hope treatment plan for you.

CARING FOR YOU

Our goal is to empower you through your personalized treatment protocols and knowledge. You will be involved in treatment decisions and our staff will support you with faith, hope and love. Medical competence and caring are the hallmarks of Oasis of Hope.



A BEAUTIFUL BLEND OF ART & SCIENCE

The art of healing is rooted in the relationships made between patients and their doctors and counselors. You will receive emotional and spiritual support through many activities including education, counseling, laughter therapy, music and art therapy, devotions and prayer.

The science of healing at Oasis of Hope is advanced and evidence based. Integrative Regulatory Therapy (IRT) attacks cancer from every possible angle in order to weaken cancer, make tumors susceptible to treatment, diminish side effects, boost the immune system and improve the quality of life. Please read the Oasis of Hope book *Hope, Medicine & Healing*, for a full explanation of how the eight elements of IRT can help you toward your goal of healing.